

## **NEWSLETTER VOL.02**



## **Chapter 2**

## Planning Final Wishes

Have you ever lost a close loved one? Do you remember the overwhelming loss and confusion those first days, being forced to make decisions that you feel you cannot make? Would you want your loved ones to have to make those decisions for you, not knowing what your wishes are?

Now is the time to give thought as to what your wishes would be. Many of us delay making important decisions that affect our lives and the lives of our loved ones by simple procrastination, lack of knowledge, sense of dread, fear or denial. Yet, nothing seems to elicit more denial than death.

Nothing, however, is more sure to happen in this life. We all know that the day will come when our loved ones will have to make decisions about our final wishes. That day is burdened with loss, grief, turmoil, and the need to make decisions that many people have never before had to confront.

Making those decisions add additional stress at a time that's already extremely stressful. The confusion, complexity, and worry about whether a person is making the right decisions only add to the concerns.

You are in a position to help your loved ones make those final decisions by acting now. Throughout your life, you have made your wishes known. Your final decisions should be the same.

For help with planning your final wishes, please contact me at: info@lindamcdonaldauthor.com for my complete planning guide book "FAREWELL PLANNING WITH LOVE".

Best Wishes, Linda McDonald Inspiration Quote

What we love deeply will always be part of us.

Farewell Planning with Love



Linda wrote "Farewell Planning with **Love - Protecting Those We Leave** Behind" to provide a frankly captivating, easy to understand set of guidelines and definitions for virtually everything related to end of life planning, from funeral and cemetery arrangements to an extensive library of informational templates to be completed in advance of death which makes this book so unique. Not only do you learn in detail everything you need to know about planning your last wishes but the work book section allows you to fill in the blanks on the sections that pertain to your specific needs.

Questions? Contact Linda at info@lindamcdonaldauthor.com