



Sharing Our Stories

My Daughter

Today it's rainy and cold with a wind advisory. We are having a ceremony for my youngest daughter Heather. She passed away unexpectedly last Monday evening studying for a test. She would have graduated nursing school in December as an RN. She wanted to take care of critically ill infants. She was always taking care of someone or something. Always very thoughtful. She left a husband, a son 27 and a daughter 19. Her sister and best friend Wendy will miss her dearly.

We all as a family live within 6 miles of our home. We got together often at our house for my wife's famous home cooked meals. We are very close.

Please listen when I say hug your family members, say you love them, kiss them goodbye each and every time they leave, it might be your last time to do it. We did this religiously every time, and they texted their mom when they got home. It's the little things that count and you remember most, this is just the beginning of the worst days of our lives.

Dad

Dear Dad,

Your inspiring story has touched my heart, it is so beautifully written. What is so wonderful about your story, are the great memories you and your family must have shared. I know how much it hurts and how deep the sadness goes, however, I feel that your special daughter would want you all to keep her alive in your hearts through all your beautiful thoughts and memories. I know when I lost my four children and my husband in a very short period of time, that was their greatest concern was for me. Every day they are with us in our hearts. Cherish each day with a special smile for your daughter.

God bless you and your family,

Warmest regards,
Linda



Grief Support



Linda McDonald, GC-C, CIC-CSp

Inspirational Quotes

In memory of those who left us too soon. We remember you in the morning, in the night, when we look at the stars, a song, a place, a smell...

You're always with us.

Time may pass, places change but memories, they are forever.